

# PARENT GUIDANCE WORKSHOPS

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## TRAITS OF A SPOILED CHILD

*No parent sets out to raise a spoiled child. But without meaning to, it's so easy to fall into the trap of overindulging and not setting limits. A spoiled child may have one or more of the following traits:*

- A huge sense of entitlement
- Can't stand to hear "no"
- Can't deal with frustration
- Lacks kindness, empathy or compassion
- Has no conscience - can do something hurtful without feeling guilty
- Doesn't really care how *you* feel
- Blames others for his/her own misdeeds. (It's not my fault)
- Suffers from an advanced case of the "gimmies"



## TOP TEN SPOILING TRAPS

- Running to the rescue and not allowing kids to experience consequences.
- Being unwilling to see your children frustrated, angry, or unhappy.
- Always putting your child first instead of you and/or your marriage.
- Living for your child and sacrificing everything for him or her.
- Indulging the "gimmies" and having trouble saying "no".
- Over-explaining, negotiating, making "deals" and endlessly reasoning.
- Bribing to get children to do what they're supposed to do anyway.
- Giving in to tantrums or whining so your "no" turns into a "yes".
- Allowing your child to be rude and offensive by not curbing freshness or backtalk.
- Not holding kids accountable for misbehavior or making excuses for them.



More information can be found in Nancy's new book, **LOVING WITHOUT SPOILING: And 100 Other Timeless Tips For Raising Terrific Kids** (McGraw-Hill, 2002)