

N O W I N P A P E R B A C K

One of the nation's most influential parenting authorities shares her winning tips for raising great kids.

Raising well-behaved, considerate children requires learning how to balance firm discipline with equal doses of love and humor. In *Loving Without Spoiling*, Nancy Samalin, internationally known parent educator and author of the best-selling *Loving Your Child Is Not Enough*, provides parents with immediate answers to child-rearing challenges.

Covering the most common parental concerns, *Loving Without Spoiling* provides loving and effective strategies for positive parenting. Conveniently arranged for easy access, each topic in this hands-on guide focuses on everyday situations that occur in every family, including how to:

- Avoid Power Struggles
- Minimize Daily Stresses
- Encourage Responsibility & Independence
- Show Love Without Spoiling
- Open Communication Channels
- Use Positive Discipline
- Minimize Sibling Rivalry
- Teach Social Skills
- Build Self-Esteem
- Strengthen Parenting Skills

Providing realistic not theoretical solutions that can be put to use immediately, these tried-and-true techniques include concrete actions to take that will make a dramatic difference to countless parents. *Loving Without Spoiling* is packed with real-life dialogs and authentic anecdotes gleaned from more than two decades of Nancy's work with families of toddlers through teens.

Nancy Samalin, M.S., is the founder of Parent Guidance Workshops, as well as an internationally known keynote speaker, popular parent educator, and best-selling author of four books. She was a contributing editor to *PARENTS* magazine and has appeared on many national TV shows including "Good Morning America," "Today," "20/20," and "Dateline/NBC."

"A wonderful resource full of effective ways to minimize the stresses of parenthood and raise happy, unspoiled children."

—JACK CANFIELD, coauthor, *Chicken Soup for the Parent's Soul*

loving without spoiling

And 100
Other Timeless
Tips for Raising
Terrific Kids



AS SEEN
ON
"TODAY"

Nancy Samalin

Bestselling author of *Loving Your Child Is Not Enough*
with Catherine Whitney

Loving Without Spoiling
Nancy Samalin with Catherine Whitney
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Loving *Without* Spoiling

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FOR MORE INFORMATION ABOUT NANCY'S BOOKS, PARENTING WORKSHOPS, FREE NEWSLETTER, AND PUBLIC SPEAKING SCHEDULE, PLEASE VISIT WWW.SAMALIN.COM.